NELSTAR & ADAM FITNESS GYM Terms & Conditions

NELSTAR & ADAM FITNESS GYM - Privacy Policy

Last Updated: February 26. 2022

NELSTAR & ADAM FITNESS GYM is committed to protecting the privacy of its users. This Privacy Policy explains how we collect, use, disclose, and safeguard your personal information when you visit our website.

1. Information We Collect

1.1 Personal Information

We may collect personal information that you voluntarily provide when you use our website. This information may include, but is not limited to:

- Name
- Email address
- Phone number
- Address
- Gender
- Age
- Height
- Weight

1.2 Non-Personal Information

We may also collect non-personal information about your visit, such as:

Browser type

Operating system

IP address

Pages visited

Date and time of visit

2. Use of Information

We may use the collected information for the following purposes:

To personalize your experience on our website

To provide and maintain our services

To send periodic emails regarding our services

To improve our website and services

3. Protection of Information

We implement a variety of security measures to maintain the safety of your personal information when you access our website.

4. Cookies

We may use cookies to enhance your experience on our website. You can choose to disable cookies through your browser settings, but this may affect your ability to access certain features of the site.

5. Third-Party Disclosure

We do not sell, trade, or otherwise transfer your personal information to third parties without your consent. This does not include trusted third parties who assist us in operating our website or servicing you.

6. Links to Other Websites

Our website may contain links to third-party websites. We have no control over the content and privacy practices of these sites, and we are not responsible for their practices.

7. Your Consent

By using our website, you consent to our Privacy Policy.

8. Security Measures

We use reasonable security measures as required by relevant law. The Internet is not 100% secure. We cannot promise that your use of our sites or platforms will be completely safe. We encourage you to use caution when using the Internet. This includes not sharing your passwords.

9. Third-Party Sites and Links

If you click on a link to a third-party website, you will be taken to sites we do not control. This includes our social media pages. These third-parties' privacy practices may be different than ours, and our Privacy Notice does not apply to their actions. We are not responsible for these third-party practices and encourage you to read their privacy notices carefully.

10. Changes to Privacy Policy

We reserve the right to update or change our Privacy Policy at any time. Any changes will be posted on this page.

9. Contact Information

If you have any questions or concerns regarding this Privacy Policy, you may contact us at estrellativii17@gmail.com.